

Just START!

Time Planning Guide - EXAMPLE

S: Statements T: Time A: Aided Language Stimulation R: Respond T: Try it!	Time <ul style="list-style-type: none"> Increased time between statements invites interaction. Consider "think time" or the time needed to think of something to say. Consider time needed to access and/or navigate the system.
--	--

We live in a fast paced world. We never seem to have enough time in our day, and we're always in a rush. When supporting a child learning language, we have to become comfortable with increasing the time that it takes to do some things. We should embrace the pause. Silence and some struggle is ok; this is giving time for thinking, navigating, processing, and problem solving. Here are some additional considerations when planning to be more mindful of time:

- Plan to give more time to complete some daily routines.
- Try to give your full attention to the child. Reduce or stop possible interruptions or distractions.
- While you are giving time or pausing, observe your child. Use these observations to follow their lead and/or help determine language to model.
- Rather than having everything setup or ready to go, allow for time to setup or get ready together.
- While increasing time after you say/do something, add an inquisitive or expectant look to invite the child communicate or increase independence.

Daily Routine or Activity	Time Considerations	Reduce Distractions or Interruptions	Other Setup Considerations
shoes on before leaving for park	start routine 5 minutes earlier	get other siblings ready first; teach "wait" signal	child can pick what shoes to wear; child helps put on; model language for each step
playing with wooden train track	wait at least 5 seconds after my statements	I:I time with mom; siblings are napping or watching tv in other room; phone on silent	open box together; set up track together; follow child's lead; try inquisitive look
reading a book	allow for more time; allow time after reading each page; allow time after inviting statements	all kids reading together; give time for each kid to respond; use inquisitive looks to encourage turn taking	give choice for book; read page then allow time to talk about each page; it is ok if we don't finish the book