

# Just START!

## Time Planning Guide

<b>S:</b> Statements <b>T:</b> Time <b>A:</b> Aided Language Stimulation <b>R:</b> Respond <b>T:</b> Try it!	<b>Time</b> <ul style="list-style-type: none"><li>• Increased time between statements invites interaction.</li><li>• Consider "think time" or the time needed to think of something to say.</li><li>• Consider time needed to access and/or navigate the system.</li></ul>
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We live in a fast paced world. We never seem to have enough time in our day, and we're always in a rush. When supporting a child learning language, we have to become comfortable with increasing the time that it takes to do some things. We should embrace the pause. Silence and some struggle is ok; this is giving time for thinking, navigating, processing, and problem solving. Here are some additional considerations when planning to be more mindful of time:

- Plan to give more time to complete some daily routines.
- Try to give your full attention to the child. Reduce or stop possible interruptions or distractions.
- While you are giving time or pausing, observe your child. Use these observations to follow their lead and/or help determine language to model.
- Rather than having everything setup or ready to go, allow for time to setup or get ready together.
- While increasing time after you say/do something, add an inquisitive or expectant look to invite the child communicate or increase independence.

Daily Routine or Activity	Time Considerations	Reduce Distractions or Interruptions	Other Setup Considerations